

SEX THERAPIST REVEALS

Loneliness masquerades as a sexual drought and authenticity can heal both

DR. CLAUDIA SIX

Dr. Six has 35 years as a practicing Clinical Sexologist, and is a successful sex therapist who has helped thousands of people find their authentic selves and enjoy a more fulfilling relationship. Her approach is unique, and her style is warmly engaging, putting her clients and workshop attendees at ease. Her credentials include an M.A. in Counseling Psychology and a PhD in Clinical Sexology and she's a Board Certified Clinical Sexologist by the American Board of Sexology. Her book, ***Erotic Integrity: How to be True to Yourself Sexually*** was published in May, 2016 by She Writes Press.



MEDIA EXPERIENCE:

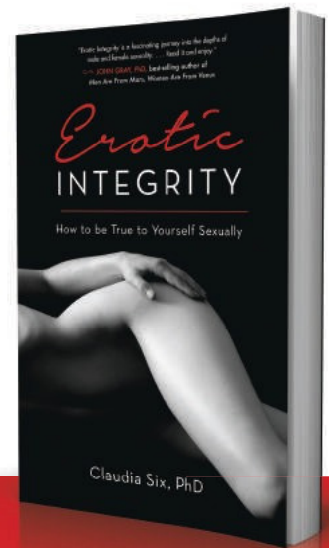
- Dr. Six speaks to groups, national publications and on podcasts about *Erotic Integrity* and has given two TEDx talks: **Sexual Performance Anxiety in Women (2016)** and **What Happened to Sex in our Relationships (May 2025)**.
- Former host of **"Dr SIX on Sex"**, a weekly radio show on KUSF, San Francisco.

AWARDS:

- **Bronze IPPY** award in the **national Sexuality/Relationships** category of the **Independent Publisher Book Awards**.
- **Finalist** in the **RELATIONSHIPS** category of the **2016 Next Generation Indie Book Awards**.
- **Finalist** in the **SEXUALITY** category of the **National Indie Excellence Awards**.
- **Honorable Mention** for **GENERAL NON-FICTION** at the **San Francisco Book Festival**.
- **Finalist** in the **Self-Help: Relationships** category at the **2016 International Book Awards**.

STORY IDEAS

- Disconnected couples and how to reconnect
- Sex and relationship problems of super smart people
- Is low desire normal? How to increase your sex drive at any age
- *Erotic Integrity*: 3 steps to feeling confident in bed and in life
- Performance anxiety – It's not just for men
- Why chemistry is not a predictor of long term success
- Why there's no bad guy in cheating
- 6 Tips for talking to your kids about sex without stressing out
- Why sex is an accident waiting to happen, and sexual boredom doesn't exist
- Mindful sex: How to get out of your head and into your body
- Top 5 questions sex therapists get asked



"A bold, refreshing call to discover and own one's sexuality.....The cornerstone of French sexologist Six's therapy, 'Erotic Integrity,' incorporates three principles: self-examination, self-acceptance, and self-actualization.....This book will calm the secret fears of even casual readers, as Six speaks with authority, compassion, and humor:" — **Kirkus Reviews**

CONTACT:

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Based in the San Francisco, CA area